



Helen Spaulding

Casper, WY 82604

307-797-0538

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Education and Training:

Beyond and Above Corporate Flight Attendant Training Fort Lauderdale, FL (2010)

Emergency Training that follows FAA Guidelines for Part 91, 125, and 135 operating procedures. Specialized training in first class etiquette, catering food service and presentation.

Casper College Casper, WY (2008-2010)

Associates of Science in General Studies with an Emphasis in Hospitality Management
American Hotel & Lodging Educational Institute Certificates.

ABC Bartending Academy Professional Certificate Denver, CO (2009)

Professional Profile:

5 years Flight Attendant Experience in Commercial, Charter, and Regional.

Cross Trained on Multiple A/C: A320, MD80, EMB-120, Boeing 727, 737, 747, 757, 767, 777

Excellent Interpersonal Skills

Positive Attitude and Strong Work ethic

Personable and Professional

Advanced First Aid, CPR/AED Certified (2010, 2009)

Valid U.S. Passport

Self Defense Training (2010)

Professional Experience:

Certified Dental Assistant

Cloud Peak Endodontics Casper, WY 2009 – Present

Owner/Manager

Hely's Java, Inc Casper, WY 2005-2008

Lead Flight Attendant

Apple Vacations Denver, CO 2002-2004

Flight Attendant

Great Lakes Airlines Denver, CO 2001-2002

Flight Attendant

United Airlines San Francisco, CA 2000-2001

References Available Upon Request